



# BARNSTEAD BANNER

Good News from a Small Town



Courtesy of Yankee Magazine

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IF YOU WOULD LIKE TO SUBMIT  
AN EVENT OR CLASSIFIED FOR  
THE BARNSTEAD BANNER,  
PLEASE EMAIL  
DANIELLE@OSCARFOSS.ORG  
WITH THE DETAILS.

TO SUBSCRIBE TO THE ONLINE  
ISSUE OF THE BANNER, GO TO  
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BARNSTEAD-BANNER

## Delete the Feet

by Kristina Schram

For most people, summertime is one of their main travel times—the kids are out of school, we have longer days, and it's less likely to be blizzarding. I love traveling and seeing new sights, with the added bonus of not having to cook while I'm doing it. Sure, things can go wrong when you travel, which isn't fun, but there are a lot of tips out there to help reduce travel hang-ups, along with the resulting anxiety. However, you won't find any of those tips here. This article is about what you should do after you return from your trip. Specifically when it comes to your photos.

Lots of people (myself included) love to post pictures of their trips on social media. In the past, people would invite friends to their homes and do dinner and a slideshow.

If the slides were boring, at least you got a meal out of the deal (and hopefully a relaxing beverage). Nowadays, the process is easier. We post our photos online, then sit back and enjoy all the likes and loves we are hoping to garner. Because let's face it, we want people to admire our derring-do of leaving the comfort and safety of our homes for more than a day at a time.

Sure I'm envious of other people's travels, especially when it's January and you post a picture of yourself in a tropical paradise, sitting by the pool and enjoying a fruity drink (I'm talking to you, Marge). But I am also truly happy for people when they get to travel, and I enjoy seeing photos of their adventures. Sometimes, however, vacation photos remind me of those bad slideshows of days past, where you can't escape the torture without pretending you have food poisoning. That's why I've come up with some tips to help you post pictures that people will not want to set on fire.

I've seen some posts with 20 pictures of the same scene. I know people take a lot of photos to be sure they get a good one—I do the same—but I recommend against sharing them all. It's truly okay to post just one; simply pick the best of the crop. It wouldn't hurt to do a little editing on it, either.

It's amazing, I know, but these days you can crop photos, add a little color when needed, sharpen the photo if it's blurry,

even blot out strangers or odd extras, like that barbecue sauce under your nose. Do whatever you need to do. (Unless you're a member of the royal family, then do nothing because people will go for your throat.) Just go easy on the special filters, all right?

Now, if you've done this thing I'm about to discuss next, please don't take this suggestion personally. But if you are one of those people who feels compelled to include your foot in the frame when taking vacation pictures, I'm here to let you know that you don't need to. Because I believe you are where you say you are, and besides, I don't know your feet, so seeing a foot in a photo you post doesn't guarantee it's actually you. Not only that, but your foot is blocking the view.

So that's pretty much it. Eliminate extras, edit photos (but not too much), delete the feet. Your family, friends, and followers will appreciate the effort. However, if you're currently yelling, "Kristina, you can't tell me what to do! I'll do what I want, and you'll just have to deal with your own judgment issues. And people love my feet!" Then, fine. Do what you want. But if I have to see your foot, a barbecue sauce mustache, and/or you using the doll-face filter, you should at least provide me with dinner and a relaxing drink.



# OSCAR FOSS MEMORIAL LIBRARY

# JULY HAPPENINGS

**LIBRARY HOURS:** TUESDAYS AND WEDNESDAYS FROM 10:00AM-6:00PM, THURSDAYS AND FRIDAYS FROM 12:00PM-8:00PM, AND SATURDAYS FROM 10:00AM-1:00PM. WE ARE CLOSED FOR STAFF TRAINING ON THE SECOND THURSDAY OF EVERY MONTH UNTIL 3:00PM (7/13).

**GOOD TO KNOW INFO:** WE WILL BE CLOSED THURSDAY, 7/4, FOR INDEPENDENCE DAY. ALSO, SUMMER READING REGISTRATION HAS BEGUN! YOU CAN REGISTER ONLINE OR AT THE LIBRARY TO PARTICIPATE AND WIN SOME FABULOUS PRIZES.

**TUESDAYS @ 10:30AM TODDLER MUSIC AND MOVEMENT STORYTIME:** \*NEW!\* THIS SUMMER, JOIN US FOR AN INTERACTIVE STORYTIME FILLED WITH STORIES, SONGS, AND LOADS OF SENSORY PLAY SPECIFICALLY FOR TODDLERS.

**WED. 7/3 @ 6-7:30PM MEET AND READ (AGES 18+):** THIS GOOD TIME TAKES PLACE ON THE FIRST WEDNESDAY OF THE MONTH IN THE LIBRARY'S MEETING ROOM. THIS MONTH'S BOOK WILL BE "THE LONELY HEARTS BOOK CLUB" BY LUCY GILMORE. NEXT MONTH'S BOOK WILL BE "MALIBU RISING" BY TAYLOR JENKINS REID, AND IT LOOKS LIKE IT'S BRINGING THE DRAMA! BOOKS ARE AVAILABLE AT THE LIBRARY. BRING FOOD, BRING THOUGHTS, BRING A FRIEND!

**FRI. 7/12 @ 2:00PM KARAOKE AND CUPCAKES:** DO YOU HAVE A GO-TO KARAOKE SONG THAT YOU WANT TO SHARE WITH THE WORLD? DO YOU LOVE CUPCAKES? STOP BY AND BELT OUT A SONG OR TWO. OR DECORATE A CUPCAKE. OR BELT OUT A SONG WHILE DECORATING A CUPCAKE. EITHER WAY, IT SHOULD BE A NOTEWORTHY EXPERIENCE!

**TUES. 7/16 @ 3:00PM SENIOR SOCIAL CLUB (65+):** \*NEW!\* DESIGNED TO PROVIDE ACTIVITIES THAT FOSTER COMMUNITY AND RELATIONSHIP BUILDING. EACH SESSION WILL FOCUS ON DIFFERENT ACTIVITIES, INCLUDING ARTS AND CRAFTS, STORYTELLING, AND TECHNOLOGY WORKSHOPS. THE CLUB WILL MEET THE THIRD TUESDAY OF THE MONTH AT 3:00. OUR FIRST MEETING WILL FEATURE A FEW CRAFT PROJECTS AND PLENTY OF CONVERSATION. LIGHT REFRESHMENTS WILL BE SERVED.

**WED. 7/17 @ 10:30AM BEACH STORYTIME:** WEATHER PERMITTING, THERE WILL BE A SPECIAL STORYTIME AT THE TOWN BEACH. BE SURE TO BRING A TOWEL OR A BEACH CHAIR TO SIT ON!

**WED. 7/17 @ 2:00PM FIRE SAFETY DEMONSTRATION IGL (IGNITABLE LIQUID) K-9 DEMO:** THE NH FIRE MARSHAL'S OFFICE AND BARNSTEAD FIRE FIGHTERS ARE COMING! MEET DEPUTY STATE FIRE MARSHAL, ADAM FANJOY, AND HIS K9 PARTNER, ANTHEM. K9 ANTHEM WILL DEMONSTRATE WHY SHE'S AN IMPORTANT TOOL DURING FIRE INVESTIGATIONS. THEN WATCH AS A FIREFIGHTER GOES FROM PLAIN CLOTHES TO A FULL-FLEDGED FIREFIGHTER, ADDING GEAR ONE PIECE AT A TIME.

**WED. 7/17 & 7/24 @ 12:30-3:30PM THE OFML SEWCIAL CLUB:** \*NEW!\* THIS CLUB MEETS THE 3RD AND 4TH WEDNESDAY OF THE MONTH. GUESTS CAN BRING ANY SEWING OR QUILTING PROJECT THEY ARE WORKING ON (ALONG WITH THEIR SEWING MACHINES AND SUPPLIES) TO THE LIBRARY TO SOCIALIZE AND SHARE TIPS WHILE THEY SEW.

**FRI. 7/19 @ 6:00-8:30PM BOOKS & BANTER (18+):** COME READY TO DISCUSS THE LAST 3 BOOKS YOU HAVE READ OR ARE READING. ALL GENRES ARE GOOD! GIVE THE GROUP A BRIEF SYNOPSIS OF YOUR BOOK AND YOUR THOUGHTS ON IT SO WE CAN DISCUSS. A LIST WITH THE BOOK TITLES AND AUTHORS TALKED ABOUT WILL BE PROVIDED AFTER THE DISCUSSION.

**FRI. 7/26 @ 2:00PM PAINTING PARTY:** LEARN HOW TO PAINT SIMPLE PICTURES OF FAIRIES AND GOBLINS. IDEAL FOR CHILDREN KINDERGARTEN THROUGH 5TH GRADE. LIGHT REFRESHMENTS WILL BE SERVED.

**SAT. 7/27 @ 10:00AM-3:00PM SHIREFEST:** JOIN US AT T.L. STORER FOR DECORATING YOUR OWN SWORD AND SHIELD, CRAFTING A CROWN, FACE PAINTING, LEATHERWORKING, AX THROWING, ARCHERY, A SCAVENGER HUNT, A COSTUME CONTEST, AND A BAGPIPE PERFORMANCE. LOCAL VENDORS WILL BE THERE WITH THEIR UNIQUE GOODS. JORDAN TIRRELL-WYSOCKI WILL PROVIDE CELTIC MUSIC! THE EVENT IS FREE, BUT FOR NUMBERS, PLEASE GET "TICKETS" VIA OUR FB PAGE/WEBSITE. IF YOU'RE NOT INTO TECHNOLOGY, JUST CALL OR EMAIL US. (IF YOU DON'T GET A TICKET, NO WORRIES—YOU CAN STILL COME!)

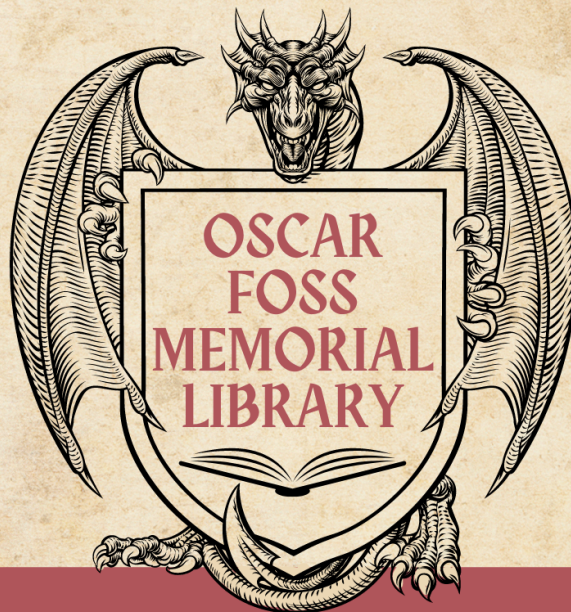
WRITERS FORUM AND FAMILY CRAFTERNOON WILL BE GOING ON HIATUS UNTIL SEPTEMBER. CHECK BACK WITH US THEN FOR DETAILS ON DATES AND TIMES!



ADVENTURE BEGINS AT YOUR LIBRARY!

# SHIREFEST

SPONSORED BY



DECORATE A  
SWORD & SHIELD  
MAKE A CROWN  
BUILD A FAIRY  
HOUSE  
FACE PAINTING  
AX THROWING  
ARCHERY

SCAVENGER HUNT  
COSTUME  
CONTEST  
BAGPIPE  
PERFORMANCE  
LEATHERWORK  
PRESENTATION  
LOCAL VENDORS  
AND MORE!

27th OF JULY  
10am - 3pm

at T.L. STORER  
CAMPGROUND

FOR MORE INFORMATION OR TO VOLUNTEER OR BE A VENDOR,  
CONTACT THE LIBRARY AT [OFMLSTAFF@GMAIL.COM](mailto:OFMLSTAFF@GMAIL.COM) OR CALL 603-269-3900



**BARNSTEAD  
FARMERS MARKET**

**JUNE 1 - SEPTEMBER 28  
9AM-1PM**

**LOCATED ON THE GROUNDS OF PARADE  
CONGREGATIONAL CHURCH OF BARNSTEAD  
1 PARADE CIRCLE, BARNSTEAD, NH 03218**

Find your locally sourced goodies at the Farmer's Market, fresh from the farm to your table! Live music and food trucks.



[www.barnsteadfarmersmarket.com](http://www.barnsteadfarmersmarket.com)

## BE THE CHURCH

*Protect the environment. Care for the poor.  
Forgive often. **Reject racism.**  
**Fight for the powerless.**  
Share earthy and spiritual resources.  
Embrace diversity. Love God. Enjoy this life.*

### CONGREGATIONAL CHURCH OF NORTH BARNSTEAD - UCC

504 N. Barnstead Rd. Center. Barnstead, NH  
[ccnorthbarnstead.com](http://ccnorthbarnstead.com)

**Worship with us in-person  
or join on Zoom at 10am**

**BARNSTEAD PARADE  
CONGREGATIONAL  
CHURCH**



**Worship Service 9:00 A.M.  
Rev. Sandy Pierson—483-2846**

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# CONCERT SERIES

6-8 PM | 1 Parade Cir, Barnstead, NH

6/15 Wayne Potash  
Engaging music & movement for kids

6/22 Green Heron Music  
Old time, folk, bluegrass, blues, country & celtic

6/29 A&P Project Band  
Classic rock

7/06 Christine Bonoli  
Classics, folk & rock

7/13 Windham Community Band  
Selections from Broadway shows, movies, patriotic themes,  
marches & other popular concert band pieces

7/20 North River Music  
Americana band, rock, bluegrass and country

7/27 Morgan-Nelson  
Country & bluegrass

8/10 White Dog Duo  
70's music

8/17 SaxxRoxx  
60's-90's Classic rock & pop

*Free Concerts - bring a blanket or chair and cash for concessions*

## Community Events

**Senior Service Committee** meets on 7/9 at 3:00 PM in the Oscar Foss Memorial Library meeting room.

**Board of Selectmen Meetings** will be Tuesday 7/9 and Tuesday 7/23 beginning at 5:00 PM at the Barnstead Town Hall.

**Barnstead Farmers Market** is every Saturday from 9 AM to 1 PM in the Parade Circle.

Mark your calendars for **Old Home Day!** The event will be held on 8/10 and this year's theme is "A Salute to Veterans".

**Alcoholics Anonymous meetings** are held Tuesday evenings at 7 PM at the Center Barnstead Christian Church.

The **Summer Concert Series** has begun! Come to Barnstead Parade at 6 PM on Saturday evenings and enjoy a free open air concert with new bands each week.

**HAPPY  
INDEPENDENCE  
DAY**



**CENTER BARNSTEAD  
CHRISTIAN CHURCH**

Worship Service - Sundays @ 10AM

[www.centerbarnsteadcc.org](http://www.centerbarnsteadcc.org)



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**OFML SUMMER READING 2024**

**ADVENTURE  
BEGINS AT  
YOUR LIBRARY  
6/25/2024!**

**Register at  
[oscarfoss.org!](http://oscarfoss.org)**



# JEANNIE'S RECIPE CORNER



## STRAWBERRY/ RHUBARB COFFEE CAKE



### Filling:

4 1/2 cups rhubarb,  
chopped  
24 ounces frozen sliced  
strawberry's, thawed  
3 Tbsp lemon juice  
1 1/2 cups sugar  
1/2 cup cornstarch

### Cake:

3 cups flower  
1 cup sugar  
1tsp baking powder  
1 tsp salt  
1 cup butter, softened  
1 cup buttermilk  
2 eggs, slightly beaten  
1 tsp vanilla

### Topping:

3/4 cup sugar  
1/2 cup flour  
1/4 cup soft butter

### Directions:

- To make the filling, combine fruits in a saucepan and cook. covered, medium
- Heat for 5 minutes, stirring occasionally.
- Add lemon juice, sugar, and cornstarch. Cook for 5 minutes or until thickened. Cool.
- To make cake, combine flour, sugar, baking powder, and salt in a large bowl
- Cut in butter until mixture is crumbly.
- Beat together buttermilk, eggs, and vanilla:, add to the flour mixture.
- Spread one-half of the batter in a greased 13-inch x 9-inch baking pan. Spread fruit mixture over batter.
- Spoon the remaining batter in small mounds on top of the filling. Mix topping ingredients until crumbly; sprinkle over all.
- Bake at 375 degrees for 45 minutes.
- Serve slightly warm.

Yield: 12-16 servings. You could also add a little whipped cream.

Have a happy Fourth of July!

Jeannie